



Old Business: Last month Dr. Carpenter has received a complaint from a resident about a property located on Chestnut Ridge Rd., he asked that the Board of Health Environmental Health Specialist investigate, they did investigate and the Building Dept. is handling.

New Business: Dr. Rossakis asked who do we contact about abandoned/vacated properties, who handles this. Plan to do an email to the Saddle River Building Inspector to inquire about.

Open to Public: None

Bills: NorthWest Bergen Regional Health Commission, 2021 2<sup>nd</sup> Qtr.  
Tyco Animal Control, Monthly

Adjournment

# NORTHWEST BERGEN REGIONAL HEALTH COMMISSION

## ACTIVITY REPORT FOR APRIL 2021

### \* SADDLE RIVER \*

#### **COVID-19/Administrative Update**

- Continued to participate in NJDOH daily call, weekly Bergen County Health Officer conference calls for updates and shared information related to COVID-19, Mosquitos and various public health activities.
- COVID-19 Vaccination Planning and clinic updates
- Saddle River School related COVID-19 exposure investigations, monitor cases and provide guidance on closures
- Provide guidance to school districts on the updated NJDOH COVID-19 Public Health Recommended for Local Health Departments for K-12 Schools (Orange/High Risk)- NJDOH updated guidance document on March 23, 2021
- In review - Public Recreational Bathing Code checklist. New PRB guidance expected on April 16, 2021
- In review – Youth camp guidance
- In review – Outdoor dining requirements, plan review and guidance
- Continued to monitor CDC, NJDOH websites for guidance documents and provide updates accordingly.
- Public Health Nurse and staff continues monitor CDRSS/CommCare for case investigation and contact tracing

#### **MANDATED ESTABLISHMENT INSPECTIONS**

RISK LEVEL	ESTABLISHMENT NAME	Sat	Re-check Sat	Cond	Unsat	Preop Sat	Preop Cond	Reins Sat	Reinsp Cond	Monthly Totals
	NO INSPECTIONS CONDUCTED DUE TO COVID-19 EXECUTIVE ORDER 107 LIMITING THE SCOPE OF SERVICE AND HOURS OF OPERATION FOR RESTAURANTS AND CERTAIN RETAIL ESTABLISHMENTS AND TO LIMIT UNNECESSARY PERSON TO PERSON CONTACT									Risk 1=0 Risk 2=0 Risk 3=0 Ch. 28 =0 Other=0
	APRIL	0	0	0	0	0	0	0	0	0
	MARCH	1	1	0	0	2	0	0	0	4
	FEBRUARY	7	1	0	0	0	0	0	0	8
	JANUARY	0	0	0	0	0	0	0	0	0
	<b>YEARLY TOTALS</b>	<b>8</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>12</b>

#### **PLAN REVIEWS & CONSULTATIONS**

Month	Approved	Not Approved	Consultations	Month Totals
April	0	0	0	0
March	0	0	0	0
February	0	0	0	0
January	Villa Marie Claire 1/27	0	0	1
<b>Totals</b>	<b>Approved =1</b>	<b>Not Approved = 0</b>	<b>Consultations = 0</b>	<b>Yearly Total = 1</b>

**COMPLAINTS**

Month	Month Totals	Complaint #
April	0	NA
March	2	029-21C & 043-21C
February	0	NA
January	1	007-21C
<b>Yearly Total= 3</b>		

**INQUIRIES**

Month	Month Totals	Inquiry #
April	0	N/A
March	0	N/A
February	2	008-21I
January	4	002-21I, 003-21I & 004-21I
<b>Yearly Total = 6</b>		

**PRIVATE WELL CONSULTATIONS: (4)****ANIMAL BITES AND REPORT OF RABIES INVESTIGATION**

Month	Month Totals	Case #	Incident Type	State Lab	Result
April	1	013-21	Dog to Person	N/A	N/A
January-March	0	N/A	N/A	N/A	N/A
<b>Yearly Total = 1</b>					

**SUMMONSES/ABATEMENTS/VIOLATIONS ISSUED**

Month	Month Totals	Details
January-April	0	N/A
<b>Yearly Total = 0</b>		

**OPRA REQUESTS – N/A**

Month	Month Totals	Details
April	0	N/A
March	1	70 E. Allendale Rd. Health Department records.
February	3	107, 111 & 115 East Allendale Rd. NJDEP correspondence
January	0	N/A
<b>Yearly Total = 4</b>		

**SERVSAFE FOOD HANDLER'S CLASSES**

Class Type	Instructor	Establishment	# Attended	Class Date	Town Held in	Language
<b>Total Saddle River = 0</b>						

## VITAL STATISTICS

DEATHS	Month Totals
April	2
March	2
February	3
January	2
<b>Yearly Totals</b>	<b>9</b>

MARRIAGE APPLICATIONS	Month Totals
April	1
March	0
February	1
January	2
<b>Yearly Totals</b>	<b>4</b>

## PUBLIC HEALTH NURSING – See report

**Immunization Audits.** None

## HEALTH EDUCATION

- Posted 5 Facebook posts regarding COVID-19 updates and COVID vaccine sites for residents
- Participates in weekly DOH/Commcar calls/meetings
- Provided COVID-related information CT/CI team such as new updates from NJDOH, travel cases, information on Vaccine clinics throughout NJ and Bergen County.
- Participates in the registration during vaccine clinics
- Provided guidance to community residents on COVID-19 quarantine updates
- Provided education to residents when they called NWBRHC

## DISEASE INVESTIGATIONS

COMMUNICABLE DISEASE	Jan	Feb	Mar	Apr	Totals
COVID-19	64	41	30	16	<b>151</b>
Hep B	1	0	0	0	<b>1</b>
Lyme Disease	2	0	0	0	<b>2</b>
<b>YEARLY TOTAL</b>					<b>154</b>

\*The above numbers include all case statuses (i.e., Confirmed, Probable, Possible, Report Under investigation, Not a Case). Data reflects the reporting burden of disease and does NOT reflect the number that are confirmed.

## CORRESPONDENCE RECEIVED:

- **Kleinfelder.** Former Mobil Facility.
- **New Jersey Department of Environmental Protection.** Private Well Testing Act Results, (4).

Respectfully Submitted,  
Gina M. Behre, Health Officer

# Saddle River Nursing Report – April

NJ Cali rating as of 4/24/21 is Moderate Risk or Yellow for both the Northeast and Statewide. This is the first time the Northeast had a Moderate rating since November 2020.

## Saddle River Covid Case Counts

March	30
April	16

With regards to school, a moderate risk rating allows for the recommendation of full in-person learning with a minimum of 3 ft. social distance and mask-wearing.

**COVID-19 Regional Risk Matrix**  
*\*For use by LHDs when providing guidance to school districts*

Low Risk	Moderate Risk	High Risk	Very High Risk
<p>Recommend full in-person instruction<sup>2</sup>. A minimum of 3 feet of physical distancing between students should be maintained in classrooms with strict adherence to mask-wearing.</p> <p>In response to ill students and staff, follow <a href="#">NJDOH School Exclusion List</a></p> <p>* If ill person had potential exposure in past 14 days, follow <a href="#">COVID-19 exclusion criteria</a>; wait at least 24 hours and clean/disinfect areas where ill person spent time. Permit limited activities involving interaction with multiple cohorts, ensuring adherence to precautions.</p>	<p>Recommend full in-person instruction<sup>2</sup>. A minimum of 3 feet of physical distancing between students should be maintained in classrooms with strict adherence to mask-wearing.</p> <p>In response to ill students and staff with COVID-19 compatible symptoms, follow <a href="#">COVID-19 exclusion criteria</a>; wait at least 24 hours and clean/disinfect areas where ill person spent time.</p> <p>Recommend <a href="#">minimizing activities</a> that involve interaction with multiple cohorts (i.e. clubs, assemblies, sports).</p>	<p><b>Elementary schools:</b> Recommend full in person instruction. A minimum of 3 feet of physical distancing between students should be maintained in classrooms with strict adherence to mask-wearing.</p> <p><b>Middle/High Schools:</b> Consider in-person instruction if able to maximize physical distancing of 6 feet or more. Recommend 6 feet of physical distancing between students to the maximum extent practicable with strict adherence to mask-wearing.</p> <p>In response to ill students and staff with COVID-19 compatible symptoms, follow <a href="#">COVID-19 exclusion criteria</a>; wait at least 24 hours and clean/disinfect areas where ill person spent time.</p> <p>Recommend <a href="#">restricting activities</a> that involve interaction with multiple cohorts (i.e. clubs, assemblies, sports).</p>	<p>Recommend fully remote learning</p>
<p>RISK LEVELS GREEN, YELLOW, AND ORANGE (IF OPEN FOR IN-PERSON OR HYBRID LEARNING):</p>			

The recommended timeframe for quarantining of close contacts also changes. While NJDOH continues to prefer a 14-day quarantine for optimal transmission prevention. Alternate timelines are also now acceptable.

**Minimum Quarantine Timeframes by COVID-19 Regional Transmission Risk Level (CALI Score)<sup>2</sup>**

Low Risk	Moderate Risk	High Risk	Very High Risk
<i>14 days is always preferred as the best way to prevent COVID-19 transmission.</i>			
10 days without testing  OR  7 days with negative test results collected at 5-7 days	10 days without testing  OR  7 days with negative test results collected at 5-7 days	14 days for group settings and organized activities  14 days for individuals unless it causes <u>significant</u> economic or other hardship  <b>ONLY IF 14 days is not <u>feasible</u>, follow</b>  10 days without testing  OR  7 days with negative test results collected at 5-7 days	14 days for group settings and organized activities  14 days for individuals unless it causes <u>significant</u> economic or other hardship  <b>ONLY IF 14 days is not <u>feasible</u>, follow</b>  10 days without testing  OR  7 days with negative test results collected at 5-7 days

**Vaccine:**

NWBRHC has hosted several COVID vaccine clinics administering both Moderna and Janssen J&J vaccine.

The temporary pause of Jansen vaccines has been lifted and clinics are now advised by the NJDOH to resume vaccine administration. NJDOH has released an amended document which includes key symptoms to watch for after receiving the vaccine.

Individuals aged 16 and older are now eligible to receive the vaccine. Persons who are less than 18 years old are authorized to receive the Pfizer vaccine.

NJDOH also recently released the below guidance for fully vaccinated people:

Fully vaccinated people (in non-healthcare settings) can:

- Visit with other fully vaccinated people indoors without wearing masks or physical distancing
- Visit with unvaccinated people (including children) from a single household who are at low risk for severe COVID-19 disease indoors without wearing masks or physical distancing
- Participate in outdoor activities and recreation without a mask, except in certain crowded settings and venues
- Resume domestic travel and refrain from testing before or after travel or self-quarantine after travel
- Refrain from (do not need to) getting tested before leaving the United States for international travel (unless required by the destination) and refrain from self-quarantine after arriving back in the United States
- Refrain from testing following a known exposure, if asymptomatic (no symptoms), with some exceptions for specific settings
- Refrain from quarantine following a known exposure if asymptomatic
- Refrain from routine screening testing if asymptomatic and feasible

**Communicable Diseases:** No Communicable Disease for April