





March  
2025



**Public Health**  
Prevent. Promote. Protect.

Saddle River Board of Health  
**MONTHLY  
REPORT**

Prepared by Northwest Bergen Regional Health Commission

Emerson - Franklin Lakes - Hillsdale - HoHoKus - Mahwah - Midland Park - Montvale - River Vale - Saddle River - Twp of Washington - Waldwick - Westwood



## Northwest Bergen Regional Health Commission

### Board of Health Monthly Report

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## Administrative Update

### General Health Officer Update:

- Continued to participate in State and County Health Officer conference calls and meetings to discuss public health updates and share information related to vaccine updates, and various public health activities.
- Continued to monitor CDC and NJDOH websites for guidance documents and provide updates accordingly.
- Continued to oversee inspections, complaints, inquiries, and correspondence.
- The Centers for Disease Control and Prevention (CDC) issued a Health Update on March 18th on the ongoing risk of dengue virus (DENV) infections in the US due to elevated numbers of dengue cases in the Americas region. Spring and summer travel in the US overlaps with the months of increased seasonal dengue activity in many countries. Physicians are asked to maintain a high suspicion for DENV for patients with fever and travel to areas with DENV transmission in the 14 days before illness onset. If DENV is suspected, order RT-PCR AND IgM antibody tests OR NS1 antigen AND IgM antibody tests. Consider tests for other arboviruses, including Zika, Chikungunya, and Oropouche.

### PHAB Accreditation Update:

- Finalizing new NWBRHC Communications Policy
- Updating NWBRHC Policy on Electronic Equipment and Physical Access Use, Security and Control
- Attended Local Health Department Accreditation Support Network meeting on 3/21/25
- Attended Exploring Strategies for Small Local and Tribal Health Departments to Succeed in Accreditation webinar on 3/26/25





# Northwest Bergen Regional Health Commission

## Board of Health Monthly Report

### Communicable Disease & Nursing Report

#### School Immunization Audits



Yearly audits of Preschool, Elementary, Middle, and High School student immunization records to ensure compliance with N.J.A.C. 8:57-4.

#### Immunization Audits for Schools/Daycare Facilities

- School audits for the 24-25 school year are in progress.

#### Communicable Disease Control and Prevention



The investigation, surveillance, and reporting of communicable diseases. Sourced from NJDOH, CDC, and / or CDRSS.

#### State & County-level:

- Levels of Influenza A and Covid-19 in wastewater remain elevated, although Covid-19 levels remain lower than the summer of 2024 peak. Levels for influenza A are decreasing while type B are increasing. The current predominant influenza virus is type B and is included in the 2024-25 influenza vaccine.
- Recent Covid-19 and influenza hospitalizations have mostly been reported in person 65 years.

#### Local-level:

- There are no outbreaks in the community at this time.
- Dates for the fall 2025 flu clinic are in discussion.
- 1 Yersoniosis case was investigated and closed.

#### Total Number of Communicable Diseases Investigated:

COMMUNICABLE DISEASE	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Totals
Campylobacter	0	0	1	0	0	0	0	0	0	0	0	0	1
Dengue Fever	0	0	0	0	0	0	0	0	0	0	0	0	0
Hepatitis C	0	0	0	0	0	0	0	0	0	0	0	0	0
Pertussis	0	0	0	0	0	0	0	0	0	0	0	0	0
Salmonella	0	0	0	0	0	0	0	0	0	0	0	0	0
Strep pyogenes	0	0	0	0	0	0	0	0	0	0	0	0	0
Varicella	0	0	0	0	0	0	0	0	0	0	0	0	0
YEARLY TOTAL	0	0	1	0	0	0	0	0	0	0	0	0	1

\*The above numbers include all case statuses (i.e., Confirmed, Probable, Possible, Report Under investigation, not a Case). Data reflects the reporting burden of disease and does NOT reflect the number that are confirmed.



## Northwest Bergen Regional Health Commission Board of Health Monthly Report

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### Chronic Disease Programs



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### Child Health Programs

- Child Health Clinic is provided on the 3<sup>rd</sup> Wednesday of each month at the Waldwick Clinic on White's Lane.



### Emergency Preparedness



COVID-19 vaccines are administered at various clinics throughout the county. NWBRHC works with Bergen New Bridge to provide homebound COVID-19 vaccinations for residents who cannot travel to vaccination sites for medical or other reasons.



## Consumer and Environmental Health Program

### Consumer and Environmental Health Program Overview



- Plan Review & Consultations: 0
- Retail Food Establishment Inspections: 2
- Temporary Retail Food Establishment Inspections:
- Complaint Investigations: 0
- Animal Facility Inspections: 0
- Public Recreational Bathing Inspections: 0
- Youth Camp Pre-Operational Inspections: 0
- Body Art & Tanning Inspections: 0
- Miscellaneous:

### Administrative:



- File Searches:
- Issued health licenses:
- OPRA Requests: 1
- Correspondence:
- Inquiries:

### Environmental:



- Private Well Drinking Water Analysis: 0
- Septic System Abandonments Approved: 0
- Public Recreational Bathing Water Analysis: 0

### Food Safety Certification:



- Completion of Food Handler Course:
  - Number of Attendees:
  - Establishments Represented:
- Completion of Food Manager Course:
  - Number of Attendees:
  - Establishments Represented:
- Upcoming Course Dates:
  -



Northwest Bergen Regional Health Commission  
Board of Health Monthly Report

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## Consumer and Environmental Health Program

### Continuing Education:



### Childhood Lead Investigation:



### Court Proceedings/Enforcement Actions:



- Notice of Violations (NOV) Issued:
- Court Appearances:
- Fines Issued:



## Northwest Bergen Regional Health Commission

### Board of Health Monthly Report

#### Plan Reviews & Consultations

Month	Approved	Not Approved	Consultations	Monthly Totals
January-March	0	0	0	0
<b>Totals</b>	<b>Approved = 0</b>	<b>Not Approved = 0</b>	<b>Consultations = 0</b>	<b>Year = 0</b>

#### Animal Bites and Report of Rabies Investigation

Month	Month Totals	Case #	Incident Type	State Lab	Result
March	1	023-25, 27-25	Dog to Person, Dog to Person	NA, NA	NA, NA
February	1	014-25	Raccoon to person	Yes	Negative
January	1	001-25	Cat to Person	NA	NA
<b>Yearly Totals = 4</b>					

#### Septic System Abandonments Approved

Month	Month Totals	Details
January-March	NA	NA
<b>Yearly Totals = 0</b>		





Northwest Bergen Regional Health Commission  
Board of Health Monthly Report

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**Complaints**

Complaint Number	Complaint Type	Disposition
	Choose an item.	
Yearly Totals =		

**OPRA Requests**

OPRA Number	OPRA Subject	Disposition
005-25	E Allendale Road	No environmental records found.
Yearly Totals = 1		



Northwest Bergen Regional Health Commission  
Board of Health Monthly Report

**Inspection Report List**

Establishment	State Code	Inspection Date	Routine Posting	Re-Inspection	Pre-op Inspection	Follow Up	Emergency Response
Saddle River Cafe	24	3/22/2025	Satisfactory	Choose an item.	Choose an item.	<input type="checkbox"/>	<input type="checkbox"/>
Saddle River Gourmet Deli	24	3/22/2025	Satisfactory	Choose an item.	Choose an item.	<input type="checkbox"/>	<input type="checkbox"/>



Northwest Bergen Regional Health Commission  
Board of Health Monthly Report

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**Temporary Event Inspection Report List**

Establishment	Event	Inspection Date	Inspection Posting
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## Northwest Bergen Regional Health Commission

### Board of Health Monthly Report

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#### Vital Statistics Report

Month	Marriage Applications	Marriage Certificates	Amendments	Death Certificates	Deaths	Births
January	1	5	0	9	7	0
February	0	2	0	5	4	2
March	3	1	0	3	2	0
April	0	0	0	0	0	0
May	0	0	0	0	0	0
June	0	0	0	0	0	0
July	0	0	0	0	0	0
August	0	0	0	0	0	0
September	0	0	0	0	0	0
October	0	0	0	0	0	0
November	0	0	0	0	0	0
December	0	0	0	0	0	0
<b>Yearly Totals:</b>	<b>4</b>	<b>8</b>	<b>0</b>	<b>17</b>	<b>13</b>	<b>2</b>





## Northwest Bergen Regional Health Commission Board of Health Monthly Report

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### Health Education Report

#### In Review



- E-Blasts Sent:
  - Expanding Measles Update
  - Division of the Deaf and Hard of Hearing
  - Spring into Health with Northwest Bergen Regional Health Commission!
  - CORRECTION: Spring into Health with NWBRHC!
  - Bird Flu Update
  - April Food Handler Class
- Provided timely health information to municipal Business Administrators, Board of Health Members, and Municipal Registrars

#### In Progress



- Continued distribution of COVID-19 Home Tests
- Continued distribution of Narcan
- Scheduling tabling opportunities, presentations, etc. for the new year
  - Health Related Story Time with Craft
  - Mindfulness Matters: An Introduction to Mindfulness Teaching
  - Babysitting Basics Pt. 1
  - Babysitting Basics Pt. 2
  - Handwashing
  - Additional topics the board may be interested in

#### Upcoming Programs



- 4/22 Food Handlers Class @ Waldwick Public Library
  - Open to the public

To see more scheduled health education events, please visit <https://nwbrhc.org/events/>.



Northwest Bergen Regional Health Commission  
Board of Health Monthly Report

**Health Education Calendar – April 2025**

\*All events listed in this calendar are open to the public

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 <a href="#">The Diabetic Foot – Virtual</a>	3 <a href="#">1st Trimester Class – Virtual</a>	4	5
6	7	8 <a href="#">Atrial Fibrillation – Virtual</a>	9 <a href="#">All About Weight Loss Surgery – Virtual</a>	10 <a href="#">2nd Trimester Class – Virtual</a>	11	12
13	14	15	16 <a href="#">Making Your Cardiac Comeback – Virtual</a>	17 <a href="#">Treatment Options for Heartburn – Virtual</a> <a href="#">The Debra Johnson Heart Health Education and Support Group – Virtual</a>	18 NWBRHC Closed	19
20	21	22 <a href="#">Food Handler's Class @ Waldwick Public Library</a> <a href="#">Managing Advanced Heart Failure – Virtual</a> <a href="#">Pulmonary Fibrosis Support Group – Virtual</a> <a href="#">A Chiropractic Approach for Mom – Virtual</a>	23 <a href="#">Healthy Eating Habits During the Summer Months – Virtual</a>	24 <a href="#">Every Women's Concern – Virtual</a>	25 <a href="#">Stress Awareness &amp; Relief – Virtual</a>	26
27	28	29	30			





April  
2025



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## Northwest Bergen Regional Health Commission

### Board of Health Monthly Report

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## Administrative Update

### General Health Officer Update:

- Continued to participate in State and County Health Officer conference calls and meetings to discuss public health updates and share information related to vaccine updates, and various public health activities.
- Continued to monitor CDC and NJDOH websites for guidance documents and provide updates accordingly.
- Continued to oversee inspections, complaints, inquiries, and correspondence.
- NJLINC released air quality alerts due to the wildfires in Ocean County; correspondence, including actions to protect health on poor air quality days, was sent to the Borough and posted on social media.
- H5N1 testing is available at the NJ Department of Agriculture's Animal Health Diagnostic Laboratory (NJAHDL) for cats or dogs with compatible clinical signs and risk factors for exposure to H5N1. Cats are susceptible to Highly Pathogenic Avian Influenza (HPAI) A (H5N1) and may become infected via ingesting contaminated raw meat, raw dairy products, or via exposure to infected animals. Severe illness and death may occur.
- H5N1 can also be transmitted to dogs, but there have not been any cases of H5N1 reported in the United States at this time, and they may have a lower risk and milder illness/lower mortality rates compared to infected cats

### PHAB Accreditation Update:

- Attended Bergen County CHIP (Healthy Bergen) meeting on 4/4/25.
- Met with Strategic Health Advisors regarding PHAB Accreditation support.
- Continued to network with Accreditation Coordinators throughout NJ regarding accreditation support.
- Registered for NJ Accreditation Support Network meetings to be held every other month in 2025, beginning in May.
- Attended CDC Response All-STLT Update call on 4/7/25 and 4/21/25.
- Met with REHS team to review Domain 6 and address the need to update Standard Operating Procedures for Inspections; about 75% complete.
- Reviewed current QI project (improving Food Safety education program) with the QI Team.
- Attended Expanding Funding Streams in Local Public Health on 4/23/25.





## Northwest Bergen Regional Health Commission

### Board of Health Monthly Report

## Communicable Disease & Nursing Report

### School Immunization Audits



Yearly audits of Preschool, Elementary, Middle, and High School student immunization records to ensure compliance with N.J.A.C. 8:57-4.

#### Immunization Audits for Schools/Daycare Facilities

- School audits for the 24-25 school year are in progress.

### Communicable Disease Control and Prevention



The investigation, surveillance, and reporting of communicable diseases. Sourced from NJDOH, CDC, and / or CDRSS.

#### State & County-level:

- Emergency department visits and hospitalizations due to influenza, COVID-19, and RSV continue to decrease.
- Test positivity for human metapneumovirus, parainfluenza virus, and rhinovirus/enterovirus is elevated.

#### Local-level:

- There is a Covid-19 outbreak at Saddle River Day School involving 4 staff members and 2 students. NWBRHC is closely monitoring this outbreak
- There are no other outbreaks in the community.
- There were no reportable communicable diseases that required investigation.

#### Total Number of Communicable Diseases Investigated:

COMMUNICABLE DISEASE	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Totals
Campylobacter	0	0	1	0	0	0	0	0	0	0	0	0	1
Dengue Fever	0	0	0	0	0	0	0	0	0	0	0	0	0
Hepatitis C	0	0	0	0	0	0	0	0	0	0	0	0	0
Pertussis	0	0	0	0	0	0	0	0	0	0	0	0	0
Salmonella	0	0	0	0	0	0	0	0	0	0	0	0	0
Strep pyogenes	0	0	0	0	0	0	0	0	0	0	0	0	0
Varicella	0	0	0	0	0	0	0	0	0	0	0	0	0
YEARLY TOTAL	0	0	1	0	0	0	0	0	0	0	0	0	1

\*The above numbers include all case statuses (i.e., Confirmed, Probable, Possible, Report Under investigation, not a Case). Data reflects the reporting burden of disease and does NOT reflect the number that are confirmed.



## Northwest Bergen Regional Health Commission Board of Health Monthly Report

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### Chronic Disease Programs



- None

### Child Health Programs

- Child Health Clinic is provided on the 3<sup>rd</sup> Wednesday of each month at the Waldwick Clinic on White's Lane.



### Emergency Preparedness



COVID-19 vaccines are administered at various clinics throughout the county. NWBRHC works with Bergen New Bridge to provide homebound COVID-19 vaccinations for residents who cannot travel to vaccination sites for medical or other reasons.



## Consumer and Environmental Health Program

### Consumer and Environmental Health Program Overview



- Plan Review & Consultations: 0
- Retail Food Establishment Inspections: 2
- Temporary Retail Food Establishment Inspections: 0
- Complaint Investigations: 0
- Animal Facility Inspections: 0
- Public Recreational Bathing Inspections: 0
- Youth Camp Pre-Operational Inspections: 0
- Body Art & Tanning Inspections: 0
- Miscellaneous: 0

### Administrative:



- File Searches: 0
- Issued health licenses: 0
- OPRA Requests: 0
- Correspondence: 0
- Inquiries: 0

### Environmental:



- Private Well Drinking Water Analysis: 0
- Septic System Abandonments Approved: 0
- Public Recreational Bathing Water Analysis: 0

### Food Safety Certification:



- Completion of Food Handler Course: 0
  - Number of Attendees: 0
  - Establishments Represented: 0
- Completion of Food Manager Course: 0
  - Number of Attendees: 0
  - Establishments Represented: 0
- Upcoming Course Dates:
  - Food Handler Class, May 15, 2025, Fair Lawn
  - Food Manager Class, June 16<sup>th</sup> and 23<sup>rd</sup>, 2025, Westwood



## Northwest Bergen Regional Health Commission

### Board of Health Monthly Report

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## Consumer and Environmental Health Program

### Continuing Education:



• 0

### Childhood Lead Investigation:



• 0

### Court Proceedings/Enforcement Actions:



- Notice of Violations (NOV) Issued: 0
- Court Appearances: 0
- Fines Issued: 0





## Northwest Bergen Regional Health Commission

### Board of Health Monthly Report

#### Plan Reviews & Consultations

Month	Approved	Not Approved	Consultations	Monthly Totals
January-April	0	0	0	0
<b>Totals</b>	<b>Approved = 0</b>	<b>Not Approved = 0</b>	<b>Consultations = 0</b>	<b>Year = 0</b>

#### Animal Bites and Report of Rabies Investigation

Month	Month Totals	Case #	Incident Type	State Lab	Result
April	0	0	0	0	0
March	2	023-25, 27-25	Dog to Person, Dog to Person	NA, NA	NA, NA
February	1	014-25	Raccoon to person	Yes	Negative
January	1	001-25	Cat to Person	NA	NA
<b>Yearly Totals = 4</b>					

#### Septic System Abandonments Approved

Month	Month Totals	Details
January-April	NA	NA
<b>Yearly Totals = 0</b>		



Northwest Bergen Regional Health Commission  
Board of Health Monthly Report

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**Complaints**

Complaint Number	Complaint Type	Disposition
Yearly Totals = 0		

**OPRA Requests**

OPRA Number	OPRA Subject	Disposition
Yearly Totals = 1		



Northwest Bergen Regional Health Commission  
Board of Health Monthly Report

**Inspection Report List**

Establishment	State Code	Inspection Date	Routine Posting	Re-Inspection	Pre-op Inspection	Follow Up	Emergency Response
Residence Inn	24	4/5/2025	Satisfactory	Choose an item.	Choose an item.	<input type="checkbox"/>	<input type="checkbox"/>
Saddle River Inn	24	4/8/2025	Satisfactory	Choose an item.	Choose an item.	<input type="checkbox"/>	<input type="checkbox"/>



Northwest Bergen Regional Health Commission  
Board of Health Monthly Report

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**Temporary Event Inspection Report List**

Establishment	Event	Inspection Date	Inspection Posting
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## Northwest Bergen Regional Health Commission

### Board of Health Monthly Report

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#### Vital Statistics Report

Month	Marriage Applications	Marriage Certificates	Amendments	Death Certificates	Deaths	Births
January	1	5	0	9	7	0
February	0	2	0	5	4	2
March	3	1	0	3	2	0
April	1	11	0	6	2	0
May	0	0	0	0	0	0
June	0	0	0	0	0	0
July	0	0	0	0	0	0
August	0	0	0	0	0	0
September	0	0	0	0	0	0
October	0	0	0	0	0	0
November	0	0	0	0	0	0
December	0	0	0	0	0	0
<b>Yearly Totals:</b>	<b>4</b>	<b>8</b>	<b>0</b>	<b>17</b>	<b>17</b>	<b>2</b>



## Northwest Bergen Regional Health Commission Board of Health Monthly Report

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### Health Education Report

#### In Review



- E-Blasts Sent:
  - Measles Update and Reminders
  - Be Aware. Be Safe. Be Responsible.
  - Help Protect Your Child with Routine Vaccines
- Provided timely health information to municipal Business Administrators, Board of Health Members, and Municipal Registrars

#### In Progress



- Continued distribution of COVID-19 Home Tests
- Continued distribution of Narcan
- Scheduling tabling opportunities, presentations, etc. for the new year
  - Health Related Story Time with Craft
  - Mindfulness Matters: An Introduction to Mindfulness Teaching
  - Babysitting Basics Pt. 1
  - Babysitting Basics Pt. 2
  - Handwashing
  - Additional topics the board may be interested in

#### Upcoming Programs



- 5/15 Food Handlers Class @ Fair Lawn Municipal Building
  - Open to the public

To see more scheduled health education events, please visit <https://nwbrhc.org/events/>.



Northwest Bergen Regional Health Commission  
Board of Health Monthly Report

**Health Education Calendar – May 2025**

\* All events listed in this calendar are open to the public

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <a href="#">1st Trimester Class – Virtual</a>	2	3
4	5	6	7	<a href="#">Gearing Up for a Healthy Summer – Virtual</a> 8 <a href="#">2nd Trimester Class – Virtual</a> <a href="#">Advocating for Your Child – Virtual</a>	9	10
11	12	13 <a href="#">Atrial Fibrillation – Virtual</a>	14	15 Food Handler's Class @ Fair Lawn Municipal Building <a href="#">3rd Trimester Class – Virtual</a> The Debra Johnson Heart Health Education and Support Group – Virtual	16	17
18	19	20	21	22 <a href="#">Connected Hearts Support Group – Virtual</a> <a href="#">Making Your Cardiac Comeback – Virtual</a> <a href="#">My Child is Transgender – Now What? – Virtual</a>	23	24
25	26 NWBHRHC Closed	27	28	29 <a href="#">Tips for Eating Healthy While Traveling – Virtual</a>	30	31