

NORTHWEST BERGEN REGIONAL HEALTH COMMISSION

ACTIVITY REPORT FOR JANUARY 2023

* SADDLE RIVER *

COVID- 19 Activity report

As of January 26, 2023, Community levels of COVID 19 is Medium for general settings and High for healthcare settings in Bergen County.

- Variant Surveillance end of January 2023

XBB.1.5 (Omicron) 55.2%

BQ.1.1 (Omicron) 16.9%

BQ.1 (Omicron) 14.5%

- With increase demand, long-term care facilities that are in outbreak status with guidance to prophylaxis residents and staff are now able to request access to Tamiflu (Oral Oseltamivir 75mg) through the state reserve. NBRHC has reached out to our LTC facilities with outbreaks to work with them to request medication.

- COVID 19 Numbers for Jan 2023

SADDLE RIVER BOROUGH - 38

Includes all case statuses of *CONFIRMED, E-SORTED, NOT A CASE, OUT OF STATE, POSSIBLE, PROBABLE, REPORT UNDER INVESTIGATION (RUI)*

Influenza and Respiratory Surveillance

Influenza activity level is moderate statewide.

Emergency Department visits and outpatient provider visits associated with influenza-like illness are lower than last week & higher than this week last year

There have been four confirmed influenza-associated pediatric deaths reported this season

Outbreaks of Influenza and RSV continue to be reported in all settings throughout Bergen County and the state

Positive results continue to be reported; influenza A (subtyping not performed) is at 72.81%, followed by A(H3N2) 22.44%, A (H1N1) pdm 09 4.23%, and B 0.52%

2022-2023 Ebola Traveler Monitoring Completed January 11, 2023

As of January 11, 2023, more than 42 days have passed since the last potential ebolavirus exposure in Uganda. The Centers for Disease Control and Prevention (CDC) has recommended an end to U.S. travel related measures, including public health monitoring of travelers who have been to Uganda in the prior 21 days. Additionally, CDC has discontinued public health risk assessment at US ports of entry and has removed its Travel Health Notice for Uganda.

Vaccination Data Brief

Adult

This was an assessment of current immunization estimates for adults 18+ in New Jersey and the country. State-level data for influenza, pneumococcal, shingles, tetanus-containing vaccines, HPV, and COVID-19 were included in this assessment.

Adult vaccination rates exceeded Healthy People 2020* targets for flu in ages 65+, but consistently remained below both nationally and statewide, indicating a need for additional emphasis on the adult vaccine recommendations.

Adolescent

New Jersey’s adolescent vaccination rates are similar to national average for Tdap vaccination and above national average for Men ACWY and flu vaccination during the 2021-22 flu season. NJ rates are below the national average for HPV up-to-date vaccinations.

Case close out for 2022.

Health departments are required to close all 2022 cases by the end of March 2023, NWBRHC is working to ensure all cases are closed out by the deadline.

New Expanded Potential Lead Exposure Mapping Tool

The State has made available to Health officers, community groups, and the public a new expanded Potential Lead Exposure Mapping or PLEM tool, which provides new publicly available data that indicate potential sources of lead exposure.

The tool will have multiple uses that will be phased in over time, but Phase 1 that is currently available will look specifically at lead paint in housing as a source of exposure while future phases will examine other indicators of childhood blood lead poisoning risk.

[Potential Lead Exposure Mapping \(PLEM\) – Housing in New Jersey \(arcgis.com\)](https://arcgis.com).

MANDATED ESTABLISHMENT INSPECTIONS

RISK LEVEL	ESTABLISHMENT NAME	Sat	Re-check Sat-Spot	Cond	Unsat	Preop Sat	Preop Cond	Reins Sat	Reinsp Cond	Monthly Totals
1	Wandell School	X								Risk 1=1 Risk 2=0 Risk 3=0 *=0
January		1	0	0	0	0	0	0	0	1
YEARLY TOTALS		1	0	0	0	0	0	0	0	1

POOL WATER TEST RESULTS & INVESTIGATIONS:

- None

TEMPORARY FOOD EVENTS

Month	Month Totals	Details
January	0	NA
Yearly Total = 0		

PLAN REVIEWS & CONSULTATIONS

Month	Approved	Not Approved	Consultations	Month Totals
January	0	0	0	0
Totals	Approved = 0	Not Approved = 0	Consultations = 0	Yearly Total = 0

COMPLAINTS

Month	Month Totals	Complaint #
January	0	NA
Yearly Total= 0		

INQUIRIES

Month	Month Totals	Inquiry #
January	0	NA
Yearly Total = 0		

PRIVATE WELL CONSULTATIONS: (0)

ANIMAL BITES AND REPORT OF RABIES INVESTIGATION

Month	Month Totals	Case #	Incident Type	State Lab	Result
January	0	NA	NA	No	NA
Yearly Total = 0					

SUMMONSES/ABATEMENTS/VIOLATIONS ISSUED

Month	Month Totals	Details
January	0	NA
Yearly Total = 0		

Class Type	Instructor	Establishment	# Attended	Class Date	Town Held in	Language
Total Saddle River = 0						

OPRA REQUESTS

Month	Month Totals	Details
January	0	NA
Yearly Total = 3		

HEALTH EDUCATION ACTIVITY REPORT

Month	Month Totals	Details
January	9	<ul style="list-style-type: none"> • Before 1/5/2023, I assisted the LHOC with completing the quarterly progress report for the OLPH grant • Began transition into the Health Educator role. • Sent introductory email to Board of Health Presidents and Town Administrators. • Attended weekly LHOC meetings. • Developed handwashing presentation (grade level: 1st grade) • Developed a list of health education needs (health materials, etc.). • Assisted with social media posting/blurbs. • Began developing a new template for the Monthly Report. • Began to meet with/set meetings with various community stakeholders to discuss health education programming.
Yearly Total = 9		

VITAL STATISTICS

DEATHS	Month Totals
January	TBD
Yearly Totals	TBD

MARRIAGE APPLICATIONS	Month Totals
January	0
Yearly Totals	0

PUBLIC HEALTH NURSING REPORT-COMMUNICABLE DISEASE INVESTIGATIONS

COMMUNICABLE DISEASE	Jan	Totals
COVID-19	38	38
YEARLY TOTAL	38	38

*The above numbers include all case statuses (i.e., Confirmed, Probable, Possible, Report Under investigation, not a Case). Data reflects the reporting burden of disease and does NOT reflect the number that is confirmed.

January 2023 Nursing Report

<p>Covid Update: Schools & Early Childcare Centers</p>	<p>NWBRHC continues to work with schools and early child-care centers in monitoring COVID 19 cases. Currently, there is no current outbreak in either of the SR schools.</p> <p>Details for a webinar on Common Infections within the school setting was distributed to all schools within NWBRHC community.</p>
<p>Covid Update Long-Term Care Facility</p>	<p>NWBRHC continues to collaborate with skilled nursing and congregate living facilities to monitor outbreaks of COVID cases. Currently, Brighton Gardens is in active outbreak. The most recent case was on 1/16.</p>
<p>COVID 19 Investigator Meeting</p>	<p>NWBRHC attended CDS Local Response Team & Covid 19 investigator Meeting on Jan 12 and Jan 26. The following topics were discussed.</p> <ul style="list-style-type: none"> • Guidance for COVID-19 Diagnosed and/or Exposed Healthcare Personnel (includes COVID-19 Case Risk Algorithm) • Quick Reference: Discontinuation of Transmission-Based Precautions for Persons with COVID-19 in Healthcare Settings • Outbreak Management Checklist <ul style="list-style-type: none"> ▪ Booster vaccination in Post-Acute Care settings ▪ Management of Viral Respiratory Outbreaks in LTCs: Training Recording ▪ Source Control Requirements in Certain Healthcare Facilities (DCA A.O. 2022-01) <p>The travel monitoring for Ebola from individuals with recent travel to Uganda has been lifted.</p>
<p>Communicable Disease</p>	<ul style="list-style-type: none"> • Several communicable disease cases in CDRSS were assigned to Saddle River. Upon investigation, cases were entered with the wrong address. Addresses changed to USR and deferred to BCHS for investigation. • NWBRHC PHN attended a Perinatal Hepatitis B Webinar offered by NJDOH • Initiated yearly close-out of any open communicable disease cases in CDRSS
<p>Immunization Audit</p>	<ul style="list-style-type: none"> • The annual immunization audit was completed for Wandell Elementary School on January 13th. All students were 100% compliant with the audit. • The immunization audit for Saddle River Day School is scheduled for February 3rd.

Strengthening Local Public Capacity: Local Health Outreach Coordinator Report

Grant Updates	<ul style="list-style-type: none">• Provided updates to NJDOH guidance documents to Long Term Care facilities for COVID-19 and Flu• Outreach and distribution of COVID-19 Test Kits to Food Pantry to give away to families in need.• Provided COVID-19 Test Kits to each town for distribution within their communities.• Provided manufacturer updates for expiration dates for Flowflex COVID-19 tests.• Outreach to a local mental health provider to network and discuss needs within our communities.• Worked with Bergen County Social Support coordinator to provide social support/ food support to a resident that was currently under isolation for COVID-19.• Worked with NWBRHC staff to provide information to individuals experiencing homelessness/food insecurity within our communities• Worked with NWBRHC staff to provide referrals to Fair Housing Counsel for individuals having issues with mortgage payments due to COVID-19 within our communities• Worked with NWBRHC staff to provide legal documents regarding immunization requirements to a daycare facility within our communities• Emails sent to local communities and schools/daycares advertising the new federal government access to free COVID-19 tests. Also provided on social media sites.• Worked with nursing and environmental health to address a complaint that COVID-19 was being improperly contained and poor notification at an LTC within one of our communities.• Attended Infection Control Assessment Response Containment with an LTC within our communities• Outreach with Bergen County Covid-19 Coordinator regarding the contact tracing workforce hourly schedule change and future elimination of workforce.• Reviewed Community Health Assessments for individual towns within our communities. Report for Saddle River: https://www.nj.gov/health/hcpnj/documents/county-reports/HCPNJ_fullreports/BERGEN_SADDLE%20RIVER%20BORO.pdf• Alexandra Fox has moved from working as Local Health Outreach Coordinator to the full-time Health Educator position at NWBRHC. Alex will continue to work collaboratively with the Local Health Outreach Coordinator. Darlene Mandeville is acting as the interim Local Health Outreach Coordinator until the open position is filled.
Meetings Attended	<ul style="list-style-type: none">• Strengthening Grantees Monthly Meeting (1/19/2023)• Attended Bergen-Hudson & CDS Local Response Team COVID-19 Investigator Meeting (1/12/2023 & 1/26/2023)

	<ul style="list-style-type: none"> • Attended weekly meetings with public health nurses, contact tracing supervisor, and grant supervisor to discuss existing outbreaks, linkages to social support, upcoming clinics, etc. • Coordinated with Local Health Outreach Coordinators in neighboring towns to share ideas and coordinate activities • Office staff meeting to address public health concerns within the communities. 																				
Webinars Attended	<ul style="list-style-type: none"> • Leveraging a Bilingual Communication Campaign to Promote Physical Activity • NJ Environmental Health Consortium • Cultural Humility and LGBTQ+ Community 																				
	<p>Instagram and Facebook posts about the following topics:</p> <table border="1"> <thead> <tr> <th>Date</th> <th>Topic</th> <th>Facebook</th> <th>Instagram</th> <th>MailChimp Email</th> </tr> </thead> <tbody> <tr> <td>01/4/23</td> <td>Ridgewood PTSD & COVID-19</td> <td>x</td> <td>x</td> <td>x</td> </tr> <tr> <td>1/19/23</td> <td>Free COVID-19 Tests</td> <td></td> <td></td> <td>x</td> </tr> <tr> <td>01/19/23</td> <td>Food Handlers Class</td> <td>x</td> <td>x</td> <td></td> </tr> </tbody> </table>	Date	Topic	Facebook	Instagram	MailChimp Email	01/4/23	Ridgewood PTSD & COVID-19	x	x	x	1/19/23	Free COVID-19 Tests			x	01/19/23	Food Handlers Class	x	x	
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Administrative/Misc.	<ul style="list-style-type: none"> • Assisted public health nurses with updating the line lists for long-term care facilities and conducted infection control review practices to mitigate disease during outbreaks • Continual outreach to NJDOH Regional Epidemiologists regarding outbreaks within communities • Updated all monthly activity reports to reflect activity conducted. • Submission of quarterly progress and expenditure reports. 																				

CORRESPONDENCE SENT: None

CORRESPONDENCE RECEIVED: None

Respectfully Submitted,

Namitha Reddy, Health Officer